



Metropolitan
Memorial Parks



My Wishes

Planning for when the time comes.

A note to

I've prepared this booklet to make things a little easier for you later on. It isn't a legal document or a will, just a simple collection of my wishes for when the time comes.

My hope is that these pages make things a little easier for you, offering clarity at a time that may feel heavy and taking some decisions off your shoulders. I want my life to be honoured in a way that feels true to me, while giving you the space to focus on remembering, connecting, and holding close the moments that mattered.

Please know this document was created with deep love and care. Thank you for holding it when I no longer can.

Love

End-of-life care plan

This section shares my wishes about the care I would like at the end of my life, especially if I am unable to speak for myself.

If I am unable to make medical decisions for myself, I would like the following person or people to speak on my behalf:

The following statements reflect my wishes (check all that apply)

- If my heart were to stop beating, I do not want attempts made to restart it.
- I do not want to be placed on a breathing machine.
- I would like to be kept as comfortable and pain-free as possible.
- I would prefer to spend my final days at home, if possible.
- I would prefer to spend my final days in a hospice or hospital.
- I do not want to die at home.
- I would like all reasonable steps taken to keep me alive.
- If my pain or distress becomes difficult to control, I would like medication to ease my suffering, even if this may shorten my life.

Other

I am a registered organ donor:

More information can be found at [Health NSW](#).

- I'm a registered organ donor
- I'm not a registered organ donor
- I'm not sure

I am donating my body to science:

Yes, with and the paper work is located

.....

No

Additional notes:

.....

Final arrangements

This section is a place to share my wishes for how I am remembered and cared for at the end of my life. My hope is that these notes make things a little easier for you and help reflect who I am.

Burial or cremation

My preference is:

Burial Cremation No preference

I wish to be laid to rest in:



Coffin



Casket



Sustainable
casket



Shroud

Unsure

Other

I would like to be
dressed in:

If Burial

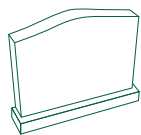
I own an existing plot:

Yes, and the documents are kept here:

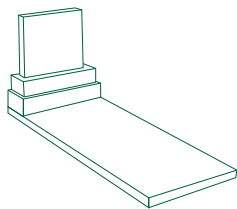
No, my preferred cemetery or memorial park is:

Burial type

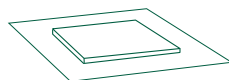
I would like my resting place to be marked in one of the following ways:



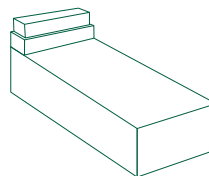
Lawn monument



Full monument



Plaque lawn



Vault



Crypt

Other No preference

I would like the following words, message or inscription on my plaque:

No preference

If Cremation

I have already pre-paid for my cremation:

Yes, and the documents are kept here:

.....

No

I would like my ashes to be:

Interred, at this cemetery or memorial park:

.....

I have a pre-purchased plot and the documents are located:

.....

I don't have a pre-purchased plot and my preferred plot location is:

.....

Scattered, at this location:

.....

Kept at home

No preference

I would like the words, message, or inscription on my plaque or memorial to be:

No preference

The funeral service

A funeral service is a gathering held to honour, remember, and celebrate the life of someone who has died. This section sets out my personal wishes and preferences for how I would like my funeral service to be arranged and conducted.

Burial or cremation

I would like a funeral service:

- Yes, and I would like the type of service to be:
- Traditional funeral
 - Celebration of life
 - No preference
- No

I have already arranged or pre-paid for my funeral:

- Yes, and the documents are kept here
.....
- No, my preferred funeral location is
.....
- No preference

I would like the service to be held at:

- Cemetery/memorial park:
.....
- Funeral home:
- Church or place of worship:
- Home
- Somewhere else:

I would like the following traditions to be included in the service:

I would like the service to be held:

- On (day)
- At (time)
- No preference

I would like the dress code or theme to be:	<hr/> <input type="checkbox"/> No preference
I would like the following people to attend:	<input type="checkbox"/> Immediate family <input type="checkbox"/> By invitation <input type="checkbox"/> Open to all
I would like the following people to be excluded from the service:	

Additional notes:

What I'd like included in the service

This section captures the personal touches I would like included at my funeral service, making sure it reflects my values, personality and wishes.

<p>I would like the service to be led by:</p>	<p><input type="checkbox"/> Celebrant</p> <p><input type="checkbox"/> Family</p> <p><input type="checkbox"/> Clergy</p> <p><input type="checkbox"/> No preference</p>
<p>I would like the following readings, poems, prayers or words to be shared:</p>	
<p>I would like the following people to read:</p>	
<p>I would like the following music to be played: <i>(Tip: View our curated funeral playlists for inspiration)</i></p>	
<p>I would like flowers at my service:</p>	<p><input type="checkbox"/> Yes, and I would like the following types, colours or arrangements:</p> <p>.....</p> <p><input type="checkbox"/> No, I do not want flowers.</p>
<p>In lieu of flowers I would prefer people to make a donation to the following charity:</p>	
<p>I would like the following people to carry the coffin:</p>	
<p>I would like the following people to give eulogies:</p>	
<p>I would like the following final words, message or quote to be shared with attendees:</p>	

I have prepared my
own eulogy:

Yes, in the following format:

Audio

Video

Print

And it can be found

No, and I would like the following person to write it

.....

Additional notes:

.....

After the service

This section shares my wishes for any gathering afterwards, if one is held.

I would like an
after-memorial
service or wake:

Yes

No preference

I would like it to
look like:

Additional notes:

Other wishes

This section is for any additional instructions or preferences I would like to be included.

<p>I would like the following people to be notified of my passing:</p>	<p><input type="checkbox"/> No preference</p>
<p>I would like a funeral notice to be published:</p>	<p><input type="checkbox"/> Yes, and I would like it to appear in:</p> <p><input type="checkbox"/> No</p>
<p>My solicitor or legal contact is :</p>	<p><input type="checkbox"/> I don't have a solicitor</p>
<p>My executor contact is:</p>	<p>.....</p> <p><input type="checkbox"/> I don't have an executor</p>
<p>The following person(s) has access to my social media accounts:</p>	

Additional notes:

Keeping this up to date

I plan to revisit this document from time to time, as my wishes may change.

Full name:

Signature (optional):

Date:

Day

Month

Year

Additional notes: